

Tulips

Asian Ethnic Market

•Chicken and Beef Satay•

Marinated chicken and flank steak skewer.
Grilled and served with a spicy Thai peanut sauce and
Cucumber Mint Salad

Thai peanut sauce

- ° Peanut butter, creamy
- ° Sesame oil
- ° Sambol spring chili sauce
- ° Fresh garlic
- ° Soy sauce. Low sodium
- ° Water
- ° Salt and Pepper
- ° Honey (optional)

- ° Skewers
- ° Fresh chicken
- ° Flank Steak

And a hungry appetite!

Cucumber mint Salad

- ° Cucumber- seedless
- ° Mint
- ° Rice wine vinegar
- ° Sugar
- ° Red Onion
- ° Red Crushed pepper flakes

Thanks and Enjoy
Tom Watson
a.k.a. "Watty"